



A **healthy**
mouth is a
healthy
body.

**SHOUT IT
OUT LOUD**



THIS IS THE YEAR OF THE
MOUTH!

The **facts** are...

- The Surgeon General reports that at least 80% of American adults have gum disease.
- Gum disease can cause heart disease, high blood pressure and stroke.
- Gum disease and tooth loss increase the risk of Alzheimers.
- If you have diabetes and bleeding gums, your risk of premature death increases by 400 to 700 percent.
- Harvard studies state gum disease increases Pancreatic and Kidney cancer risk by 62%.
- Pregnant women with gum disease have only a 1 in 7 chance of giving birth to a healthy child of normal size.
- 93% of people with gum disease are at risk for diabetes.
- Gum therapy improves blood vessel health and helps prevent heart attack and stroke.
- People with gum disease are twice as likely to die from heart disease and three times as likely to die from stroke.
- Healthy gums help prevent diabetes.
- Cavities are caused by a germ that spreads during kissing and sharing food.
- Gum disease increases risk for head and neck cancer.
- Eliminating gum disease adds 6.2 years to your life.

Any questions? Ask Us.

<YOUR PRACTICE NAME HERE>